



May 2026

Monthly Newsletter

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RIDE CALENDAR LINK (website)

Saturday Rides

New route rotation for 2026 started on February

7. Please download routes at links below.

The Saturday ride rotation was reduced to five routes starting on February 7. In addition, **ALL the Saturday rides (except remote rides on the last Saturday every other month) will start at Stage21 (our club sponsor).** This way, you always know where rides start and it will be easier for everyone to learn the routes. We also selected routes that are easier to keep the group together with less regrouping. We strive to make our rides welcoming and fun for as many as possible.

SAVE THE DATE FOR THE REMOTE RIDE ON JUNE 27 AT GMR!

5/2 - SSaturday - R5 Group Ride - Route #5

(7:45am, STAGE21 Start)

LCR/PCH/Newport Coast/Vista Ridge/Spyglass/Shady Canyon/Portola

<https://www.strava.com/routes/3448916413094144398>

5/9 - Saturday - R5 Group Ride - Route #1

(7:45am, [STAGE21 Start](#))

Seal Beach OAB

<https://www.strava.com/routes/3449105236190424106>

5/16 - Saturday - R5 Group Ride - Route #2A

(7:45am, [STAGE21 Start](#))

Jamboree/Santiago Cyn/Glenn Ranch/Portola/Coto de Caza/Los Alisos

<https://www.strava.com/routes/3448916413091334542>

5/23 - Saturday - R5 Group Ride - Route #3

(7:45am, [STAGE21 Start](#))

Back Bay/PCH/Laguna Canyon Road/Rancho Santa Margarita

<https://www.strava.com/routes/3448917293553188238>

5/30 - Saturday - R5 Group Ride - Route #4

(7:45am, [STAGE21 Start](#))

San Onofre State Park OAB

<https://www.strava.com/routes/3448923638271914828>

Wednesday Hill Repeats

Hill repeat season is here!

Wednesday Night Hill Repeat Ride - BRING LIGHTS until

MAY!

6:00 PM, [Board and Brew start](#)

Regroup points: bottom of 1st hill (Highlands**), 3rd hill (**PID**)**

S.), optional hill (Clubhouse). Regroup at top of 2nd hill (Niguel Rd) and last hill (PID N.), then return as a group. Turn around and descend once the first rider reaches the top and passes you descending while you're still climbing.

ROUTE: <https://www.strava.com/routes/2933172616742190706>

Distance – 17 miles

Elevation Gain – 2381 ft

****The Hill Repeat Ride (HRR) runs every Wednesday night through mid-September****

2026 R5Ciclismo Cycling Club Membership

R5CICLISMO CYCLING CLUB MEMBERSHIP

\$40

Come Join Us! Saturday Group Rides,

Remote Rides, Ladies Rides, Sponsor
Discounts, Riding Buddies, Parties!

Sponsors



FEATURE ARTICLE BY BIKELEGAL:

California Bike Lanes and Bicycle
Infrastructure Explained: Why Safe
Bikeways Matter



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New Kit Batch Store Closes Sunday, May 3

Order your kits ASAP!

Store with batch pricing closes May 3rd at

midnight.

If you want a guaranteed fit and a free exchange for items that don't fit, be sure to use Jakroo's AI sizing tool before the weekend because it takes one business day to get your size recommendation, and the store will be closing on Sunday.

Kits are expected to arrive within 14–17 days after store closing.

2026 R5 Ciclismo members have received the password in an e-mail and can access the on-line store at the link here: <https://jakroo.com/store-front?storeId=ry4MhqLV1e>



Ride Waiver

We kindly ask ALL cyclists joining our rides to sign our Ride Waiver. This is required by participants, to

acknowledge the inherent risks in cycling, to release R5CICLISMO from liability, and to provide informed consent. The Waiver offers legal protection, documents participants' awareness, and promotes safety during cycling activities. Once signed, your waiver is valid for the calendar year in which you signed. ***2026 Members have signed the Waiver during the registration process.***

[RIDE WAIVER LINK](#)

May Birthdays

Join us in wishing your clubmate a

Happy May Birthday

Eric Schrader 10 May

Thomas Skelley 20 May



Photo courtesy of Scott Poulalion (Malibu Remote Ride on April 25, 2026)

Visit our Social Media Platforms:



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