

R5CICLISMO

April 2026

Monthly Newsletter

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RIDE CALENDAR LINK (website)

Saturday Rides

New route rotation for 2026 started on February

7. Please download routes at links below.

The Saturday ride rotation was reduced to five routes starting on February 7. In addition, **ALL the Saturday rides (except remote rides on the last Saturday every other month) will start at Stage21 (our club sponsor)**. This way, you always know where rides start and it will be easier for everyone to learn the routes. We also selected routes that are easier to keep the group together with less regrouping. We strive to make our rides welcoming and fun for as many as possible.

4/4 - SSaturday - R5 Group Ride - Route #2B

(7:45am, STAGE21 Start)

Santiago/Silverado

<https://www.strava.com/routes/3449120282087926828>

4/11 - Saturday - R5 Group Ride - Route #3

(7:45am, STAGE21 Start)

Back Bay/PCH/Laguna Canyon Road/Rancho Santa Margarita

<https://www.strava.com/routes/3448917293553188238>

4/18 - Saturday - R5 Group Ride - Route #4

(7:45am, [STAGE21 Start](#))

San Onofre State Park OAB

<https://www.strava.com/routes/3448923638271914828>

4/25 - Saturday - R5 Group Ride - Remote Ride

(7:45am, [32123 Lindero Canyon Road Start](#))

Westlake Village/Potrero/PCH/Encinal Climb Loop

<https://www.strava.com/routes/13945563>

Wednesday Hill Repeats

Hill repeat season is here!

Wednesday Night Hill Repeat Ride - BRING LIGHTS until

MAY!

6:00 PM, [Board and Brew start](#)

Regroup points: bottom of 1st hill (Highlands**), 3rd hill (**PID****

S.), optional hill (Clubhouse). Regroup at top of 2nd hill

(Niguel Rd) and last hill (**PID N.**), then return as a group.

Turn around and descend once the first rider reaches the top

and passes you descending while you're still climbing.

ROUTE: <https://www.strava.com/routes/2933172616742190706>

Distance – 17 miles

Elevation Gain – 2381 ft

****The Hill Repeat Ride (HRR) runs every Wednesday night
through mid-September****

2026 R5Ciclismo Cycling Club Membership

R5CICLISMO CYCLING CLUB MEMBERSHIP

\$40

**Come Join Us! Saturday Group Rides,
Remote Rides, Ladies Rides, Sponsor
Discounts, Riding Buddies, Parties!**

Sponsors



FEATURE ARTICLE BY BIKELEGAL:
Bicycle Etiquette Guide: Essential Rules
and Safety Tips for Cyclists



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R5 New Kit Design

Are you ready for a new look? A NEW KIT DESIGN is coming soon!

Ride Waiver

We kindly ask ALL cyclists joining our rides to sign our Ride Waiver. This is required by participants, to acknowledge the inherent risks in cycling, to release R5CICLISMO from liability, and to provide informed

consent. The Waiver offers legal protection, documents participants' awareness, and promotes safety during cycling activities. Once signed, your waiver is valid for the calendar year in which you signed. ***2026 Members have signed the Waiver during the registration process.***

[RIDE WAIVER LINK](#)

March and April Birthdays

Join us in wishing your clubmates
a

Happy March and April Birthday

Chuck Golob 4 March

Craig Rubenstein 13 March

David Cho 17 March

John Condia 20 March

Steve Bullard 20 March

Ben Duo 1 April

Richard Hersey 8 April

Gary Ehrlich 16 April



Photo courtesy of Scott Poulalion (Wednesday Night Ride on March 25, 2026)

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