

**Decembr 2024**

# **Monthly Newsletter**

---

## **Quick News**

---

**December Ride Calendar**

---

**End-Of-Year 50/100 Ride!**

---

**Save the PARTY Date!**

---

**Etiquette and Safety**

---

## SPONSOR DISCOUNTS!

---

**2025 Membership Discount!**

---

**Ride Waiver**

---

**Member Birthdays - December**

# December Ride Calendar

---

**[RIDE CALENDAR LINK \(website\)](#)**

**12/7 - Saturday - R5 Group Ride - Route #3**

**(7:45am Irvine Start) Santiago / Silverado**

**Long: <https://connect.garmin.com/modern/course/320892796>**

**Short: <https://connect.garmin.com/modern/course/320892796>**

**12/14 - Saturday - R5 Group Ride - Route #4**

**(7:45am Stage 21 Start) Las Pulgas OAB**

Long: <https://connect.garmin.com/modern/course/320892887>

Short: <https://connect.garmin.com/modern/course/320892887>

**12/21 - Saturday - R5 Group Ride - Route #5**

**(7:45am Irvine Start) Back Bay / Laguna Cyn / RSM**

Long: <https://connect.garmin.com/modern/course/320893015>

Short: <https://connect.garmin.com/modern/course/320893015>

**12/28 - Saturday - R5 Group Ride - END-OF-YEAR 50/100**

**(7:15am Start - Citrus Ranch Park, Tustin)**

Long: <https://www.strava.com/routes/3292750295465340610>

Short: 1st loop of above route

# R5 End-of-Year 50/100 Ride!

---

# END YOUR CYCLING YEAR WITH A FLAT 50 OR A MID-HILLY 100!

The routes start at Citrus Ranch Park located at 2910 Portola Parkway Tustin, CA 92780. Arrive for a pre-ride briefing at **7:15am**, roll at 7:30am. The route is two different 50 mile loops beginning and ending at the park. The first loop is relatively flat, the second loop has some climbing. This is a great opportunity for folks who are unsure about doing the full 100! Best of all, we'll have lunch! \*see below route:

<https://www.strava.com/routes/3292750295465340610>

100.87mi

5296ft

1st loop only: **Follow same route above, stop at park/lunch at end of first loop.**

50mi

1600ft

**\*FOR THOSE CLUB MEMBERS WHO RSVP FOR THE RIDE, A BOX LUNCH AND DRINKS WILL BE PROVIDED AT THE 50-MILE STOP AT THE PARK!**

# Save the PARTY Date!

---

**R5CICLISMO NEW YEAR'S PARTY  
SATURDAY JANUARY 4TH, 5-8pm**

**JOIN US FOR DINNER!  
RUDY PROJECT AND STAGE 21 GIVEAWAYS!  
LEARN ABOUT OUR NEW ROUTES AND 2025 PLANS!**

**FREE FOR ALL 2025 MEMBERS AND A GUEST**

*EVITE COMING SOON*

## Etiquette and Safety

---

## PLEASE READ

- **CALL OUT ALL OBSTACLES.** All voice and hand signaling needs to continue **LOUDLY ALL** the way down the line of riders to keep those in the back safe too. This is an absolute. There can never be too many people calling out a warning. *Everyone needs to call out.*
- **BE A STEADY WHEEL.** This means that you should consciously try to keep your front wheel steady and smooth. This makes it easier and safer for those riding behind and around you - remember 'predictability'! Be a 'steady wheel'.
- **NO SURGING.** Keep your place in the peleton, riding two-by-two, even when you come to a light. *Hold the pace of the group.* If it's too slow, ask the Ride Leader if you can help pull at the front. The exception is the A Group, who will leave the main peleton for their own, higher-paced ride.

## Sponsor Discounts

# HAPPENING NOW!

---

An email went out last week to all 2024 and 2025 Members regarding our sponsor discounts and **CURRENT DEALS** you *won't want to miss!*

THESE INCLUDE:

**STAGE 21 BIKE SHOP  
RUDY PROJECT  
FIZIK  
ALMSTHRE**

**PLEASE NOTE: Hurry! Our once-a-year FIZIK order period is open! Please refer to the email for instructions. They can also be found on the R5CICLISMO Members Only Facebook group page, or email Holly at [holly.gabel@r5ciclismo.com](mailto:holly.gabel@r5ciclismo.com)**

# 2025

# Club Membership Drive

## Discount!

---

**2025 R5CICLISMO Cycling Club Membership  
Registration is OPEN!**

**Take advantage of the discounted price  
of \$35 if you register before December 31st,  
2024**

**•2025•**

**NEW ROUTES W/ VARIED**

**DISTANCES/ELEVATIONS/LOCATIONS**

**REMOTE RIDES EVERY OTHER MONTH**

**2 SOCIAL EVENTS/PARTIES PER YEAR**

**1-2 *SUPPORTED* CENTURIES PER YEAR**

**WOMEN'S RIDES FREQUENCY TBD**

**GRAVEL RIDES FREQUENCY TBD**



**SUNDAY COFFEE/SOCIAL RIDE MONTHLY  
TRAVEL TRIP WEEKEND (OR LONGER!)  
GENEROUS SPONSORS OFFERING US AMAZING DEALS  
CLUB KIT TEAM STORE OPENING SOON**

**2025 REGISTRATION LINK**

## **Ride Waiver**

---

**We kindly ask all cyclists joining our rides to sign our Ride Waiver. This is required by participants to acknowledge the inherent risks in cycling, to release R5CICLISMO from liability, and to provide informed consent. The Waiver offers legal protection, documents participants' awareness, and promotes safety during cycling activities. Once signed, your waiver is valid for the calendar**

year in which you signed.

**R5CICLISMO RIDE WAIVER**  
**LINK**

## December Birthdays

---

**Join us in wishing your clubmates a  
Happy December Birthday!**

Robert Campbell 1  
Erin Ludwig 1  
Roberta Chatard 10  
Mark Krueger 12  
KRIS SENNESAELE 27  
Rick Lopes 31

Visit our Social Media Platforms:

*Copyright © 2024 R5CICLISMO, All rights reserved.*

You are receiving this email because you opted in via our website.

For any questions, email us at [info@r5ciclismo.com](mailto:info@r5ciclismo.com)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

